

# HOLD, SPUR, MEET

## 1. HOLD ON

Have a catch up together: how have the first couple weeks of the year been for people in your Hub?

What stood out to you most from the talk on Sunday?

*Read Hebrews 10.19-25*

- This passage is all about Christians persevering in the face of challenge, difficulty and disappointment. How easy or difficult are you finding your faith life at the moment?
- Philip talked about the difference between regular hope – which isn't based on anything except optimism – and Biblical hope, which is hope based on a trustworthy and guaranteed promise, like a plane ticket. How big a part, if any, does hope play in your Christian experience?
- Hope is primarily focused on a future destination, where faith is more about the present. Did this explanation make sense to you, or not? How do hope and faith work together for you? (see Hebrews 11.1)
- The word for "hold" in the passage is present and active – hold on and keep on holding. Does anyone have an experience of holding onto Jesus through life's ups and downs?
- In holding onto Jesus, Philip talked about **being honest** with God. How easy do you find it to be honest with God about where you're at?
- We were encouraged to **be intentional** about feeding our minds and spirits with the truth about Jesus. As we read more scripture, we fill our minds with true hope – what has been encouraging you in your faith in Jesus recently?
- Do you have a plan for intentional Scripture reading this year?

**BIG IDEA:** Every believer needs to become an expert at Hope, as well as Faith. Cultivate an unswerving hope in God's future promises and hold on to it, in the good times and the bad.

Pray together in 2s and 3s. Pray for a fresh revelation of the hope we have in Christ. Pray that we are able to hold on to Jesus and our hope in him, no matter what.