

HOW to pray

Part 3. God's Kingdom

Watch the [Summary Video](#) together with its explanation of Petition Prayer. Then read the Lord's Prayer together - Matthew 6.9-13

You might also want to open up the [MetroMentoring.org](#) Prayer course and check out the **Week 3** notes.

These discussion questions are based on Philip's [summary video](#) and teaching, but it would be good to open with the opportunity for feedback from Rob's talk. What struck you? What inspired you? What was your take away?

- What stops you from praying regularly for 'daily bread' (your needs)? (a) It seems too trivial (b) I don't really need God to meet my needs - I'm self sufficient (c) something else.
- Do you have any stories of God supplying your needs in answer to prayer? Big or small.

Philip suggested PAYE as an application for Petitionary Prayer. Let's get specific over this. I might be easier to do this section in 2s or 3s.

- **PRACTISE a Daily Discipline.** How are your disciplines going right now? What would adding prayers of petition look like for you in your routine?
- **AUDIT your Life.** What are the biggest needs you have right now/coming up? What are your physical & practical needs? What are your social and emotional ones? What are your resources like - are you in abundance or close to the edge?
- **YIELD your Needs.** The reason we don't present our needs to God is we're too proud and self-reliant. Agree? Disagree?
- **EXAMINE your Giving.** Are you happy with the level of your giving - to church, to the poor/need? Would being more generous with your giving cause you to trust God more?

BIG IDEA: Trusting God for our daily needs builds our relationship with our Father in Heaven and teaches us to walk a supernatural path.

Guide people to the **mentoring app**, if they're not already registered ([metromentoring.org](#)).

Set some simple goals for prayer this week then pray with one another and ask for God's help.