

SPIRIT FILLED

Part 1: The Holy Spirit | Discussion Notes

For the next three weeks we'll be focusing on the Holy Spirit. The discussion notes may be a little shorter as we want to leave more time to practice what we're talking about: getting to know the Holy Spirit.

At the start of the series it's great to see where people are at with the Holy Spirit.

- What do you think it means to be 'Spirit Filled'?
- What questions about the Holy Spirit would you like to answer in this series?
- What would you like to learn or grow in during this series when it comes to the Holy Spirit?

READ all about

Mat said one way we could get to know the Holy Spirit better is to read about him. Read through Romans 8:14-16 together where Paul explains the difference the Holy Spirit can make in our lives.

We can also read about times in the Bible when we hear different names for the Holy Spirit used. Read through the following: Genesis 1.1-2, Matthew 3.16-17 and John 20.21-22.

- What, from these passages, stands out to you about the Holy Spirit?

HEAR from others

Mat said another way we can learn about the Holy Spirit is to hear from others and their experiences. Spend 10 minutes asking people to share an experience (if they have one) of the Holy Spirit and leave space after each story to ask the following questions:

- What was that experience like?
- What did it teach you about God?
- Did it change anything about you?

Get to KNOW

The Bible tells us that we can have a personal relationship with the Holy Spirit. So, spend some time getting into groups of 3 and praying for each other that we would be Spirit filled. It might be just a general prayer, or you may want to pray for specific aspects of the being Spirit filled like having gifts of the Spirit or growing in intimacy with God. You may also, if you feel confident enough, want to spend time listening to God for one another and prophesying. Either way, some things that might be helpful are:

- Try not to be weird or hyped up about it!
- Some background worship music can help people feel comfortable.
- Breaking down into smaller groups can help people who don't feel so comfortable.
- Don't be afraid to ask people what, if anything, is happening as you pray for them. It can often help you work out what the Spirit is doing. Pray further into that.