## **LOVE WITH LEGS**

Take some time to catch up on each other's weeks,

**Read 1 John 3.16** (and if you like, Luke 15.11-32)

• Looking at these scriptures, what does **God's love** look like? How have you experienced His love?

## Read 1 John 3.17-18

- Philip explained that the original word for "pity" actually means to have **gut-wrenching compassion for someone**. Are there any causes or injustices that you have felt this kind of strong emotion towards?
- Why do you think as humans we can shut the door on our compassion and be reluctant to act in love towards those in need?
- John talks about loving with our actions, and not just our words, do you agree that our actions speak louder than words? (if you like, read James 2.14-17)
- Love Running is **not about the running**, it's about the **love**. We want to see love running to the most vulnerable. Do you have plans to take part? How can we as a Hub champion each other in this?

This is a session where we can get very practical in our response. Love Running registration is open now and the Early Bird Discount ends Sunday night. Visit <a href="www.loverunning.info">www.loverunning.info</a> for more info and booking.

## Pray:

- Pray for each other to receive God's heart of compassion, and to have the courage to put love into action.
- Pray for Love Running, that we would be a witness of love to the city.